

Who We Are

WorkRight23 is an independent platform created to support people experiencing workplace abuse and psychosocial harm.

Our work focuses on helping individuals:

- understand workplace behaviour patterns
- document experiences safely
- recognise psychosocial hazards
- explore informed options for next steps

We believe:

Workplace abuse is rarely just about one person.

It is often a result of organisational systems, culture, and power dynamics.

By helping individuals understand these patterns, people can regain clarity and make informed decisions about what comes next.

Our goal is not to tell you what to do. Our goal is to help you see clearly, document safely, and choose your path.

WorkRight23 is an NZ Charity.

Registered Charity No. CC58361

"Everyone has the right to work, to free choice of employment, to just a favourable conditions of work and to protection against unemployment."

Universal Declaration of Human Rights



You do not have to navigate this alone.

You can explore the WorkRight23 platform privately and at your own pace.

Visit:

www.workright23.com
or our platform at:



Support begins with understanding.

Something at work doesn't feel right.

Maybe you are being:

- undermined
- excluded
- blamed for things that aren't your fault
- pressured to stay silent
- made to question your own judgement

Over time it can leave you feeling confused, exhausted, and alone.

You are not imagining it.
And you are not alone.

WorkRight23 exists to support people experiencing workplace abuse.

Quietly.
Safely.
At your pace.

HOW WE SUPPORT YOU.

WorkRight23 offers several forms of support:

Private Case Documentation

Secure tools to help record incidents, timelines, and patterns.

Self-Assessment Tools

Structured assessments that help identify workplace risk patterns and psychosocial hazards.

Options and Options Coaching

Guidance to help you understand possible pathways forward.

This may include:

- internal resolution pathways
- professional support options
- personal recovery and wellbeing strategies
- external reporting or escalation options

Peer Support Community

Connection with others who understand the experience of workplace abuse..



Access our

WorkRight23 video overview

youtube.com/watch?v=EwGhpCAoIE



A Message for Targets

Many people experiencing workplace abuse begin to question themselves.

You may wonder:

"Am I overreacting?"

"Maybe it's just me."

"Maybe I should just stay quiet."

These reactions are common.

Workplace abuse often creates confusion, isolation, and loss of confidence. Support begins with clarity and understanding. WorkRight23 was created to help people rediscover both.



You do not have to face this alone.

HOW TO ACCESS SUPPORT

Getting started is simple.

Step 1

Download the app or visit our website www.workright23.com

Step 2

Create a secure account on the WorkRight23 platform.

Step 3

Choose the support tools that suit your situation.

You can begin with:

- Negative Acts to assess your risk
- Private case documentation
- the Workplace Experience Assessment
- Options resources

**You can proceed at your own pace.
Your information remains private and under your control.**



How to register on WorkRight23's platform

youtube.com/watch?v=ZmzldIYv5OQ